

Office of Elder Services Alphabetical Listing of Agencies

Agency	State	Federal	Other	Total
ALPHA ONE	\$1,053,087	\$311,169		\$1,364,256
AROOSTOOK AREA AGENCY	\$334,699	\$584,371	\$44,166	\$963,236
AROOSTOOK COUNTY ACTION PROGRAM		\$62,373		\$62,373
CENTRAL MAINE AREA AGENCY ON AGING	\$356,253	\$1,696,900	\$50,286	\$2,103,439
EASTERN AGENCY ON AGING	\$339,719	\$1,241,095	\$46,957	\$1,627,771
GHS DATA MANAGEMENT	\$2,150,989	\$1,357,499		\$3,508,488
HEALTHREACH NETWORK	\$14,340			\$14,340
HEALTHY COMMUNITY COALITION		\$3,750		\$3,750
LEGAL SERVICES FOR THE ELDERLY	\$195,049	\$129,367	\$300,000	\$624,416
MAINE LONG-TERM CARE OMBUDSMAN PROGRAM	\$231,560	\$400,357		\$631,917
PENQUIS CAP INC	\$28,680			\$28,680
PROP	\$14,340			\$14,340
SENIORS PLUS	\$8,509,872	\$1,082,488	\$35,065	\$9,627,425
SOUTHERN MAINE AGENCY ON AGING	\$753,606	\$1,732,389	\$51,653	\$2,537,648
UNITED WAY OF EASTERN MAINE		\$3,750		\$3,750
UNITED WAY OF MID COAST MAINE		\$6,250		\$6,250
UNIVERSITY OF MAINE	\$102,997	\$93,377		\$196,374
WALDO COMMUNITY ACTION PARTNERS		\$348,464		\$348,464
Office of Elder Services Total	\$14,085,191	\$9,053,599	\$528,127	\$23,666,917

*Long-term Care - Assessing Services includes contracted Federal Medicaid funds

**In addition to the funds above, Home Care Coordination and In-home Support Services will generate MaineCare reimbursement from the waiver for the elderly and adults with disabilities and the Private Duty Nursing option under the State MaineCare Plan.

Office of Elder Services Summary

Service Area	State	Federal	Other	Total
Aging and Disability Resource Center		\$13,750		\$13,750
Area Agency on Aging - Advocacy and Outreach	\$610,849	\$1,884,368	\$228,127	\$2,723,344
Area Agency on Aging - Alzheimer's Support Services	\$128,657	\$253,377		\$382,034
Area Agency on Aging - Community Education		\$106,350		\$106,350
Area Agency on Aging - Family Caregiver		\$560,593		\$560,593
Area Agency on Aging - Legal Assistance	\$135,140	\$127,005		\$262,145
Area Agency on Aging - Medicare Education/SPAP	\$0	\$65,490	\$0	\$65,490
Area Agency on Aging - Nutrition	\$200,000	\$3,500,020	\$0	\$3,700,020
Area Agency on Aging - State Alzheimer's Respite	\$589,324			\$589,324
Assisted Housing Programs	\$389,754			\$389,754
Home Care Coordination and In-Home Support Services	\$8,481,608	\$311,169		\$8,792,777
Legal Services	\$195,049	\$123,862	\$300,000	\$618,911
Long Term Care - Assessing Services	\$3,022,870	\$1,345,499		\$4,368,369
Long Term Care Ombudsman Program	\$231,560	\$400,357		\$631,917
Senior Community Service Employment Program		\$361,759		\$361,759
Volunteer Services	\$100,380			\$100,380
Office of Elder Services Total	\$14,085,191	\$9,053,599	\$528,127	\$23,666,917

* In addition to the funds above, Home Care Coordination and In-home Support Services will generate n MaineCare reimbursement, from the waiver for the elderly and adults with disabilities and the Private Duty Nursing option under the State MaineCare Plan.

**Long-term Care - Assessing Services includes contracted Federal Medicaid funds

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Aging and Disability Resource Center

Agency	Region	State	Federal	Other	Total
HEALTHY COMMUNITY COALITION	Region III		\$3,750		\$3,750
UNITED WAY OF EASTERN MAINE	Region III		\$3,750		\$3,750
UNITED WAY OF MID COAST MAINE	Region II		\$6,250		\$6,250
Total		\$0	\$13,750	\$0	\$13,750

Alzheimer's Support Services

The Maine Alzheimer's Project is a federally funded research and demonstration grant from the Administration on Aging, to increase access to an array of services provided to caregivers of people with Alzheimer's disease throughout the state. The Project also promotes collaboration between providers within Maine's Home and Community Based Care System, the aging network and other projects funded by federal funds called the Real Choice System Change Initiatives. The outcomes proposed include increasing the numbers of caregivers receiving companion services, mental health counseling and hospice services and reducing the degree of caregiver burden, stress and depression.

These funds are also used to partially fund a staff person at each area agency on aging to coordinate the state respite program and provide information, education, and support to family caregivers. Respite services are available through a state-funded program administered by the five area agencies on aging. (These funds are reported under the AAA-State Alzheimer Respite section.) With project funds, mental health services will also be made available to caregivers identified by a screening tool as being depressed. A cooperative agreement with the Muskie School at USM provides for the project administration, data analysis, and evaluation.

Agency	Region	State	Federal	Other	Total
AROOSTOOK AREA AGENCY	Region III	\$8,000	\$8,000		\$16,000
CENTRAL MAINE AREA AGENCY ON AGING	Region II	\$8,000	\$8,000		\$16,000
EASTERN AGENCY ON AGING	Region III	\$8,000	\$8,000		\$16,000
GHS DATA MANAGEMENT	Statewide		\$12,000		\$12,000
SENIORS PLUS	Region I	\$8,000	\$116,000		\$124,000
SOUTHERN MAINE AGENCY ON AGING	Region I	\$8,000	\$8,000		\$16,000
UNIVERSITY OF MAINE	Statewide	\$88,657	\$93,377		\$182,034
Total		\$128,657	\$253,377	\$0	\$382,034

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Area Agency on Aging - Advocacy & Outreach

Each area agency on aging provides information and referral, advocacy, outreach, health insurance counseling services and education about Medicare to maintain vital links between consumers and needed services. Outreach, intake and referral services include the effort to identify older people in need, especially those in greatest social and economic need and those in rural areas, to inform them of available resources and services, assess their needs, refer to other agencies as appropriate, and to assist and advocate for them in gaining access to needed services and entitlement programs.

This service area includes the Maine Medicare Education Partnership, which seeks to educate consumers and family members about Medicare and MaineCare, and how they can help identify and reduce fraud, waste, abuse, and errors. The State Health Insurance Assistance Program (SHIP) provides health insurance training and education workshops for older people and the general public, as well as individual counseling and health policy review. Funds of the Older Americans Act Title IIIB are used for these services.

Agency	Region	State	Federal	Other	Total
AROOSTOOK AREA AGENCY	Region III	\$86,414	\$156,660	\$44,166	\$287,240
CENTRAL MAINE AREA AGENCY ON AGING	Region II	\$107,950	\$477,956	\$50,286	\$636,192
EASTERN AGENCY ON AGING	Region III	\$137,670	\$487,604	\$46,957	\$672,231
SENIORS PLUS	Region I	\$115,966	\$279,788	\$35,065	\$430,819
SOUTHERN MAINE AGENCY ON AGING	Region I	\$162,849	\$482,360	\$51,653	\$696,862
Total		\$610,849	\$1,884,368	\$228,127	\$2,723,344

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Area Agency on Aging – Community Education

Community Education activities involve efforts to increase public awareness about the area agency on aging and its services, as well as the needs of older people and issues affecting them. Activities may include preparing printed materials, appearing on television or radio programs, or holding conferences, training programs, and health and information fairs.

Agency	Region	State	Federal	Other	Total
AROOSTOOK AREA AGENCY	Region III		\$11,699		\$11,699
CENTRAL MAINE AREA AGENCY ON AGING	Region II		\$24,460		\$24,460
EASTERN AGENCY ON AGING	Region III		\$56,365		\$56,365
SENIORS PLUS	Region I		\$12,762		\$12,762
SOUTHERN MAINE AGENCY ON AGING	Region I		\$1,064		\$1,064
Total		\$0	\$106,350	\$0	\$106,350

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Area Agency on Aging – Family Caregiver

The Family Caregiver Support Program provides support services for family caregivers and grandparents or older individuals who are relative caregivers. The support services include information, assistance, individual counseling, organization of support groups, caregiver training, respite care, and supplemental services on a limited basis.

Agency	Region	State	Federal	Other	Total
AROOSTOOK AREA AGENCY	Region III		\$62,430		\$62,430
CENTRAL MAINE AREA AGENCY ON AGING	Region II		\$192,126		\$192,126
SENIORS PLUS	Region I		\$112,133		\$112,133
SOUTHERN MAINE AGENCY ON AGING	Region I		\$193,904		\$193,904
Total		\$0	\$560,593	\$0	\$560,593

Office of Elder Services Summary**Office of Elder Services****Area Agency on Aging – Legal Assistance**

Agency	Region	State	Federal	Other	Total
AROOSTOOK AREA AGENCY	Region III	\$27,028	\$14,021		\$41,049
CENTRAL MAINE AREA AGENCY ON AGING	Region II	\$27,028	\$15,964		\$42,992
EASTERN AGENCY ON AGING	Region III	\$27,028	\$14,907		\$41,935
LEGAL SERVICES FOR THE ELDERLY	Statewide		\$5,505		\$5,505
SENIORS PLUS	Region I	\$27,028	\$11,132		\$38,160
SOUTHERN MAINE AGENCY ON AGING	Region I	\$27,028	\$16,398		\$43,426
WALDO COMMUNITY ACTION PARTNERS	Region II		\$49,078		\$49,078
Total		\$135,140	\$127,005	\$0	\$262,145

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Area Agency on Aging – Medicare Education/SPAP

Agency	Region	State	Federal	Other	Total
SENIORS PLUS	Region I	\$0	\$65,490	\$0	\$65,490
Total		\$0	\$65,490	\$0	\$65,490

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Area Agency on Aging – Nutrition

The program provides meals served in a group setting or delivered to a person's home if he/she is homebound because of impairment or illness or is isolated. Most eligible individuals are age 60 or older. Each meal provides at least 1/3 of the current recommended dietary allowance. Title III-C of the Older Americans Act, state and local match, and client contributions are the main sources of funds supporting nutrition programs.

Agency	Region	State	Federal	Other	Total
AROOSTOOK AREA AGENCY	Region II	\$0	\$36,461	\$0	\$36,461
AROOSTOOK AREA AGENCY	Region III	\$17,560	\$295,100		\$312,660
CENTRAL MAINE AREA AGENCY ON AGING	Region II	\$54,040	\$978,394	\$0	\$1,032,434
EASTERN AGENCY ON AGING	Region III	\$42,320	\$674,219		\$716,539
SENIORS PLUS	Region I	\$31,540	\$485,183		\$516,723
SOUTHERN MAINE AGENCY ON AGING	Region I	\$54,540	\$1,030,663	\$0	\$1,085,203
Total		\$200,000	\$3,500,020	\$0	\$3,700,020

Regional Allocations:

Region	2005 Population	Population Ratios	FY2007 Funding	Funding Ratios	Funds Needed to Equalize
Region I	477,265	36.1%	\$1,601,926	43.3%	\$0
Region II	519,150	39.3%	\$1,068,895	28.9%	\$673,617
Region III	325,090	24.6%	\$1,029,199	27.8%	\$61,956
Total	1,321,505	100%	\$3,700,020	100%	\$735,573

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Area Agency on Aging – State Alzheimer's Respite

The Office allocates State Alzheimer's Respite Funds to area agencies on aging to provide respite for caregivers of people with Alzheimer's or related disorders. Respite care includes adult day services, in-home services (e.g. supervision, PCA, home health aide), or short-term stays in nursing homes or residential care facilities. Funds may also be used on a limited basis for home modifications to facilitate caregiving.

Agency	Region	State	Federal	Other	Total
AROOSTOOK AREA AGENCY	Region III	\$51,743			\$51,743
CENTRAL MAINE AREA AGENCY ON AGING	Region II	\$159,235			\$159,235
EASTERN AGENCY ON AGING	Region III	\$124,701			\$124,701
SENIORS PLUS	Region I	\$92,936			\$92,936
SOUTHERN MAINE AGENCY ON AGING	Region I	\$160,709			\$160,709
Total		\$589,324	\$0	\$0	\$589,324

Assisted Housing Programs

This service area includes the Independent Housing with Services program. Services are provided to people who are assessed to be functionally impaired and unable to live independently in the absence of certain essential supportive services. These services include care management and the following as identified in each client's plan of care: meals, housekeeping, chore assistance, home health care, personal care assistance, medication administration, nursing service, and transportation. These services are delivered at housing sites that participate in the program; they are intended to assist the tenants to manage their activities of daily living and remain in their apartments rather than moving to a more restrictive setting.

In previous years, this service area also included the Assisted Living program. An additional four agencies are providing these Assisted Living program services on a fee-for-service basis, as funding permits. However, since most Assisted Living consumers are MaineCare eligible their services will now be reimbursed by MaineCare. The State Assisted Living program funds are used as match for MaineCare, and so are not encumbered or included in this report.

Agency	Region	State	Federal	Other	Total
AROOSTOOK AREA AGENCY	Region III	\$63,614			\$63,614
SOUTHERN MAINE AGENCY ON AGING	Region I	\$326,140			\$326,140
Total		\$389,754	\$0	\$0	\$389,754

Home Care Coordination & In-Home Support Services

Home care coordination services are provided by Elder Independence of Maine, a division of SeniorsPlus, which was selected through an RFP process. The Home Care Coordination Agency (HCCA) contracts with individual service providers, monitors the delivery and quality of services provided, manages the funding sources, and assures compliance with both Federal and State policy. Upon receipt of the assessment and care plan from the Assessing Services Agency, the HCCA makes contact with the consumer to implement the plan of care and monitor consumer satisfaction with the plan and whether it meets the needs identified in the assessment.

In-home and community support services are arranged for or purchased in accordance with an individual plan of care established for each consumer by the assessing services agency. Services are purchased only from vendors or providers who meet state licensing, and where applicable, certification requirements as outlined in relevant statutes. Services that may be purchased include: home health services, personal care services, homemaker and housekeeping, care management, respite care, adult day care, transportation, adaptive devices and other appropriate goods and services identified as necessary in care plans and as permitted by the regulations of the funding sources. There are several funding options available to pay for direct services. The major support is from the State Home Based Care Program, a MaineCare waiver for the elderly and adults with disabilities, and the MaineCare program.

Agency	Region	State	Federal	Other	Total
ALPHA ONE	Statewide	\$181,206	\$311,169		\$492,375
AROOSTOOK AREA AGENCY	Statewide	\$66,000			\$66,000
SENIORS PLUS	Statewide	\$8,234,402			\$8,234,402
Total		\$8,481,608	\$311,169	\$0	\$8,792,777

Legal Services

Legal Services for the Elderly, Inc. (LSE), an independent non-profit organization, provides services to persons aged sixty and over by an attorney, paralegal, law student or other non-lawyer under the supervision of a practicing attorney. Services include legal advice and counseling; assessment of clients' legal needs; referrals; representation in court and before other public bodies; health insurance counseling and public education on legal matters. LSE maintains an attorney staffed statewide toll free hotline to give prompt legal assistance or appropriate referrals. Federal and state funds are awarded to and managed by a central office in Augusta. LSE has five area offices housed at area agencies on aging, and staff is assigned to give statewide coverage. In addition to the services supported directly by OES in this agreement, legal services are also supported by the area agencies on aging. (See AAA-Legal Services section of this report.)

Agency	Region	State	Federal	Other	Total
LEGAL SERVICES FOR THE ELDERLY	Statewide	\$195,049	\$123,862	\$300,000	\$618,911
Total		\$195,049	\$123,862	\$300,000	\$618,911

Long Term Care - Assessing Services

Since 1996, State law requires the Department to assess any applicant for nursing home admission. In addition, all consumers applying for MaineCare coverage of their nursing facilities benefits are required to be determined medically and financially eligible. As of August 2004, the program was expanded to include all long-term care programs such as the Home Based Care Program, MaineCare's Private Duty Nursing and Personal Care Services Program, admission to an Adult Family Care Home and medical eligibility determination for the Elderly Home and Community Based Services (waiver under the Federal Medicaid program), and two consumer directed MaineCare programs. Federal Medicaid funds reimburse for the assessment to access nursing facility level of care, and State funds support the pre-admission assessments for consumers not eligible for MaineCare funding.

The goals of the assessing services are to: simplify access to services; provide more information to consumers regarding options; promote greater consumer involvement in decisions regarding their care; assure more consistency in assessments and the application of policies and procedures statewide; and to maintain more resources for direct services. Currently, GHS, selected through an RFP in 2004, provides assessments and care plans statewide. A separate agency provides the coordination of in-home services and program management; care management is available only on an as needed basis. Each consumer is assessed, using a standardized assessment tool and a software application known as MECARE, to determine functional impairment, activities of daily living skills, social and family support system, physical and mental health, economic resources and other relevant data. Following the assessment, the assessing services agency forwards to the HCCA the program eligibility determination and recommended and authorized care plan.

Agency	Region	State	Federal	Other	Total
ALPHA ONE	Statewide	\$871,881			\$871,881
GHS DATA MANAGEMENT	Statewide	\$2,150,989	\$1,345,499		\$3,496,488
Total		\$3,022,870	\$1,345,499	\$0	\$4,368,369

*Includes MaineCare funds reimbursed by Office of Medical Services

Long Term Care - Ombudsman Program

The Long Term Care Ombudsman Program, an independent non-profit organization, investigates and resolves complaints made on behalf of consumers receiving long-term support in nursing homes, assisted living, and at home. Any person may ask for assistance from the Ombudsman Program, which receives complaints directly from residents, from friends and relatives, facility employees and administrators, and public agencies and community groups. They include complaints about the quality of care that a person receives, about violations of their rights, and about problems that consumers have regarding eligibility for state programs, financial status, and legal problems. The Ombudsman Program also provides training on resident rights and on federal and state regulations and identifies issues that may require legislative or regulatory changes. The program has a volunteer network to increase its visibility throughout the state. Volunteers are screened and receive intensive training.

Agency	Region	State	Federal	Other	Total
MAINE LONG-TERM CARE OMBUDSMAN PROGRAM	Statewide	\$231,560	\$400,357		\$631,917
Total		\$231,560	\$400,357	\$0	\$631,917

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Senior Community Service Employment Program

This training program provides funds to pay wages and some fringe benefits for part time training in community service organizations. Participants in the SCSEP help promote positive images about the older worker and aging by successfully demonstrating the value of older workers in the nation's work force. The individuals eligible to participate in the program must be below 125% of the Federal Poverty Level, age 55 or over, and able to train for 20 hours per week.

The Office of Elder Services' goal is to help all participants improve the quality of their lives by finding meaningful employment outside SCSEP. Participants are often hired by the subcontractors after demonstrating their skills and abilities during SCSEP training assignments. Some participants find jobs elsewhere in their local communities, while others start their own businesses. The funds in this program are mostly Federal Older Americans Act funds. In addition to this program sponsored by the Office of Elder Services, two national sponsors operate the SCSEP in Maine under grants with the US Department of Labor.

Agency	Region	State	Federal	Other	Total
AROOSTOOK COUNTY ACTION PROGRAM	Region III		\$62,373		\$62,373
WALDO COMMUNITY ACTION PARTNERS	Region II		\$299,386		\$299,386
Total		\$0	\$361,759	\$0	\$361,759

Volunteer Services

State volunteer service funds support Retired Senior Volunteer Programs (RSVP), Foster Grandparent Programs, and a Senior Companion Program. These programs are funded mainly with Domestic Volunteer Services Act funds administered by the National Senior Service Corps of the Corporation for National and Community Service, a federal agency. These programs also rely on fund raising to meet their annual budgets; two agencies on aging include a portion of their Older Americans Act funds in support of their Volunteer Services programs.

The RSVP programs arrange a volunteer opportunity for people aged 55 and over to do volunteer work at a variety of non-profit agencies and healthcare facilities, whether nonprofit or proprietary. The RSVP program provides the volunteers with supervision, transportation, insurance, and meals while in service and appropriate recognition. RSVP volunteers are people of any income level and they volunteer their services for the amount of time they decide on.

The Foster Grandparent Programs offer volunteer opportunities to low income elders, as does the Senior Companion Program. The volunteers in these programs receive a stipend and they must volunteer for an average of 20 hours per week. Foster Grandparents are placed in sites to work with special and exceptional needs children and youth. Typical sites for Foster Grandparents include the Head Start, Child Development Centers, classrooms for learning disabled children, and pediatric wards in hospitals, to name a few.

Senior Companions are assigned to adults who need assistance with special care plans. A site for a Senior Companion might be a Congregate Housing Service Program site, health clinics, the homes of frail elders, and other similar sites.

Agency	Region	State	Federal	Other	Total
AROOSTOOK AREA AGENCY	Region III	\$14,340			\$14,340
HEALTHREACH NETWORK	Region II	\$14,340			\$14,340
PENQUIS CAP INC	Region III	\$28,680			\$28,680
PROP	Region I	\$14,340			\$14,340
SOUTHERN MAINE AGENCY ON AGING	Region I	\$14,340			\$14,340
UNIVERSITY OF MAINE	Region III	\$14,340			\$14,340
Total		\$100,380	\$0	\$0	\$100,380